

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6 VEGETABLE SOUP	7	8	9	10
11	12	13 CREAMY BROCCOLI	14	15	16	17
18	19	20 LENTIL	21	22	23	24
25	26	27 TOMATO BASIL	28	29	30	31

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 CURRIED RED LENTIL	4	5	6	7
8	9	10 RED PEPPER CAULIFLOWER	11	12	13	14
15	16	17 VEGETABLE SOUP	18	19	20	21
22	23	24 ITALIAN ARTICHOKE	25	26	27	28

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 CREAMY BROCCOLI	4	5	6	7
8	9	10 LENTIL	11	12	13	14
15	16	17 TOMATO BASIL	18	19	20	21
22	23	24 CURRIED RED LENTIL	25	26	27	28
29	30	31 RED PEPPER CAULIFLOWER				

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7 VEGETABLE SOUP	8	9	10	11
12	13	14 CREAMY BROCCOLI	15	16	17	18
19	20	21 LENTIL	22	23	24	25
26	27	28 TOMATO BASIL	29	30		

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 CURRIED RED LENTIL	6	7	8	9
10	11	12 RED PEPPER CAULIFLOWER	13	14	15	16
17	18	19 ITALIAN ARTICHOKE	20	21	22	23
24	25	26 CREAMY BROCCOLI	27	28	29	30
31						

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 LENTIL	3	4	5	6
7	8	9 TOMATO BASIL	10	11	12	13
14	15	16 CURRIED RED LENTIL	17	18	19	20
21	22	23 RED PEPPER CAULIFLOWER	24	25	26	27
28	29	30 VEGETABLE SOUP				

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7 CREAMY BROCCOLI	8	9	10	11
12	13	14 LENTIL	15	16	17	18
19	20	21 TOMATO BASIL	22	23	24	25
26	27	28 CURRIED RED LENTIL	29	30	31	

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 RED PEPPER CAULIFLOWER	5	6	7	8
9	10	11 ITALIAN ARTICHOKE	12	13	14	15
16	17	18 VEGETABLE SOUP	19	20	21	22
23	24	25 CREAMY BROCCOLI	26	27	28	29
30	31					

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 LENTIL	2	3	4	5
6	7	8 TOMATO BASIL	9	10	11	12
13	14	15 CURRIED RED LENTIL	16	17	18	19
20	21	22 RED PEPPER CAULIFLOWER	23	24	25	26
27	28	29 VEGETABLE SOUP	30			

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6 CREAMY BROCCOLI	7	8	9	10
11	12	13 LENTIL	14	15	16	17
18	19	20 TOMATO BASIL	21	22	23	24
25	26	27 CURRIED BUTTERNUT	28	29	30	31

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 CURRIED RED LENTIL	4	5	6	7
8	9	10 RED PEPPER CAULIFLOWER	11	12	13	14
15	16	17 CURRIED BUTTERNUT	18	19	20	21
22	23	24 TBD	25	26	27	28
29	30					

DECEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 VEGETABLE SOUP	2	3	4	5
6	7	8 ITALIAN ARTICHOKE	9	10	11	12
13	14	15 CURRIED BUTTERNUT	16	17	18	19
20	21	22 TBD	23	24	25	26
27	28	29 TBD	30	31		